



# Bring a Million to Humboldt County

Food Stamps for Better Health and a Stronger Economy

Could you help bring a million dollars every month to Humboldt County by enrolling in the Food Stamp Program?

## Food Stamp Eligibility Guidelines

You may qualify for food stamp if you can answer 'yes' to all these questions:

1. Are you or your child/children U.S. citizens or legal permanent resident?
2. Is the sum total of you household's cash on hand and bank accounts no more than \$2,000? (If a household member is 60 or older or permanently disabled, the limit is \$3,000)
3. If your GROSS monthly income meets the limits of the chart



\*You can own your home, cars and have a tax preferred retirement account (IRA) and still be eligible

Household Size	GROSS Monthly Income
1	\$1127
2	\$1517
3	\$1907
4	\$2297
Each additional member add	\$390
Age 60+ & Disabled	
Household Size	GROSS Monthly Income
1	\$1430
2	\$1925
Each additional member add	\$495

54% of Humboldt County residents eligible for the Food Stamp Program are not participating, which means more than one million food stamp dollars go unspent every month.

For more information on

Bring a Million to Humboldt County contact -



### Food for People

307 W. 14th St.  
Eureka, CA 95501  
(707) 445-3166

[www.foodforpeople.org](http://www.foodforpeople.org)

Sign up for  
food stamps  
today!

### Food stamp applications available at:

**Food for People**  
307 W. 14th St.  
Eureka, CA 95501  
(707) 445-3166  
*Ask for Kate or Deborah*

**Department of Health and Human Services –Eureka**  
929 Koster St.  
Eureka, CA 95501  
(707) 268-3471

**Food for People - food stamp info.**  
Kate (707) 445-3166 x.305  
Deborah (707) 445-3166 x.308

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